[LIVESTREAM] X Games 2022 Live Free Streaming 20 January 2022

X Games Aspen begins Friday with five competition windows exclusively available via streaming on the XGames social media and the ESPN App, before moving to ESPN for primetime coverage of the highly anticipated Monster Energy Men's Snowboard SuperPipe and fan-favorite Snowboard Knuckle Huck competitions.

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Dates: Jan. 21-Jan. 23 TV Coverage: ESPN, ABC

Live Stream: X Games social media channels, ESPN app

Saturday and Sunday host a full slate of X Games action with an ABC and ESPN window each day. Saturday begins on ABC as queen of X Games, Jamie Anderson, looks to defend her double golds in Jeep Women's Snowboard Slopestyle and Pacifico Women's Snowboard Big Air. Then evening coverage on ESPN focused on Men's Snowboard and Ski Big Air contests. Sunday is all about Ski as the ABC window covers Jeep Men's Ski Slopestyle during the day and ESPN's evening coverage highlights Men's Ski SuperPipe and Knuckle Huck.

The next few weeks are going to be quite busy for some of the top male and female snowboarders and skiers in the world. That's because a number of them aren't heading to Beijing for the 2022 Winter Olympics quite yet.

The 2022 Winter X Games are set to take place in Aspen, Colorado, from Friday to Sunday, with a host of medals up for grabs. Among the athletes participating will be several who will then take part in the Olympics in February.

As it has been since 2002, the Winter X Games are being held at Buttermilk Mountain. However, this year's event will have a special feel after the 2021 edition was held without fans because of the coronavirus pandemic. This year, people who are fully vaccinated will be able to attend the competitions.

During the ABC window on Sunday at 3 p.m. ET, adaptive skier Trevor Kennison will become the first adaptive athlete to hit the Big Air jump at X Games. Originally from Keene, New Hampshire, Kennison went viral as at the Kings and Queens of Corbet's competition in 2019 when he won Rider's Choice as the only adaptive athlete invited. Paralyzed in a snowboarding accident at 22 years old, Kennison began adaptive skiing in 2015 with support from the High Fives Foundation. He is now training for the 2022 Winter Paralympics in Beijing and began hitting the backcountry on his sit ski in early 2020. A documentary film about Trevor's life, Full Circle, is slated for release in fall 2022.

DATE/TIME (ET) NETWORK COMPETITIONS Friday, January 21

12:30 p.m. − 1:30 p.m. @XGames Jeep Women's Snowboard Slopestyle 2:30 p.m. – 3:15 p.m. @XGames Women's Ski Big Air @XGames Special Olympics Unified Ski and Snowboard 4:30 p.m. - 6 p.m.8 p.m. - 8:30 p.m.@XGames Wendy's Snowboard Knuckle Huck 9 p.m. – 10 p.m. @XGames Women's Ski SuperPipe 10:30 p.m. - 12:30 a.m.ESPN Monster Energy Men's Snowboard SuperPipe Wendy's Snowboard Knuckle Huck (Encore)

Saturday, January 22

Pacifico Women's Snowboard Big Air

Women's Ski Big Air (Encore)

7 p.m. – 8 p.m. @XGames Women's Snowboard SuperPipe 8:45 p.m. – 9:30 p.m. @XGames Men's Ski Big Air 10 p.m. – 11 p.m. ESPN Men's Snowboard Big Air Men's Ski Big Air (Encore)

Sunday, January 23

1 p.m. – 4 p.m. ABC Jeep Men's Ski Slopestyle
Women's Ski SuperPipe (Encore)

Trevor Kennison Big Air jump

Jeep Women's Snowboard Slopestyle (Encore)

7 p.m. – 9:30 p.m. ESPN Wendy's Ski Knuckle Huck Women's Snowboard SuperPipe (Encore)

Men's Ski SuperPipe